

Changes for SCAN's Disordered Eating and Eating Disorders (DEED) Subunit in the 2018-2019 Membership Year

With the membership year beginning June 1, 2018, SCAN will no longer maintain a separate Disordered Eating and Eating Disorders (DEED) Subunit. We will integrate management of programming related to disordered eating and eating disorders into the Sports Dietetics-USA and Cardiovascular and Wellness RDs Subunits. This new approach to volunteer roles and program development will encourage better alignment with SCAN's strategic scope for programming, as defined in 2015.

FREQUENTLY ASKED QUESTIONS

Why is SCAN making this change? DEED Subunit leaders approached the SCAN Executive Committee (EC) in August 2017 to propose that SCAN dissolve the DEED Subunit. They noted the need for a much broader and deeper scope of programming in the eating disorders field than what is included in SCAN's scope of programming, and challenges with sufficient expert-level volunteerism to support the Subunit. After a 6-month process, the EC determined that a change would bring SCAN into better alignment with its scope of programming, which includes programming related to disordered eating and eating disorders within the context of sports, cardiovascular, and wellness areas of practice.

How did SCAN come to this decision? The EC responded with a 6-month process of examining member survey results, strategic planning records, and usage data on DEED Subunit programming and materials, interviewing SCAN leaders both within and outside of the eating disorders field, and discussing options with the Academy of Nutrition and Dietetics staff.

What is SCAN's strategic scope for programming? SCAN addresses the relationship between nutrition and physical activity across the spectrum from high-performing athletes to well populations to people with cardiovascular disease. SCAN also addresses disordered eating, eating disorders, and weight management across these populations.

Where can Academy members go for comprehensive eating disorders programming?

The SCAN EC learned through conversations with current DEED leaders, the Academy, and the Behavioral Health Nutrition (BHN) DPG that BHN is aiming to increase programming to meet the needs of Academy members who specialize in eating disorders. SCAN looks forward to future collaborations with BHN.

How will this impact volunteer opportunities? While there will no longer be a DEED Subunit, disordered eating and eating disorder programming will be addressed within the context of sports, cardiovascular, and wellness areas of practice. SCAN will have a continued need for volunteers who specialize in eating disorders to develop programming for non-specialists related to prevention, screening, referrals, treatment essentials, and collaboration with the multidisciplinary team of providers. We will also have a continued need for liaisons with external organizations.

What will SCAN continue to do with respect to eating disorders and disordered eating?

We will continue to provide programming and resources related to prevention, screening, referral, essentials of treatment, and collaboration within a multidisciplinary team. SCAN will focus on resources for SCAN members who are not necessarily specialists in the treatment of eating disorders.

SCAN values the perspectives and expertise of our members in each of our practice areas, including the prevention and treatment of individuals with disordered eating and eating disorders. We will continue to ensure that all members benefit from the opportunity to learn from and collaborate with each other across practice areas. Our intent is to transform our more focused programming into increased value for all members moving forward.

How will SCAN'S publications be affected? SCAN fact sheets, webinars, *PULSE*, *CONNECTION*, and *The BEAT* will continue to include content to educate and inform members about eating disorders and disordered eating through the lens of SCAN's sports, cardiovascular, and wellness practice areas. SCAN will continue to support members in accessing resources needed for evidence-based, compassionate, patient-centered care, both through SCAN content and through agreements with other DPGs and external organizations.

Will the DEED EML/listserv be discontinued?

No, the DEED EML/listserv ("DE_NetworkingGroup") will continue as a SCAN member resource. SCAN members who share their ideas and experience are among our greatest resources for eating disorders and disordered eating.

How can I learn more and ask questions?

SCAN members are encouraged to engage in dialogue about these changes with SCAN leaders and fellow members through SCAN's [EMLs](#) and online [Forums](#). Questions and comments can be submitted by members at [this link](#). Also, at the [2018 SCAN Symposium](#) in Keystone, CO, the DEED Subunit meeting will provide a face-to-face opportunity to celebrate the accomplishments of the DEED Subunit, and explore SCAN's path forward with this new approach.